

My Learner User Manual

Use fictional examples. Leave out diagnoses, medical information, names, passwords and contact details.

Learning goal: Build a learner-directed guide to interests, communication and access.

You are more than a list of challenges or strengths. This guide shares choices, not private labels. You control what to include and who may see a completed paper.

1. Choose a real or made-up learning situation. Leave out names, diagnoses and private details.
2. Explore the three activities. Choose supports that fit you; skip any that do not.
3. Write, type, draw, point, sign, use AAC or ask someone to scribe your own ideas.
4. Choose one next step and an adult who can help make it possible.

Grades 3–5 support: Use the prompts and examples, or explain your ideas in your own way. Ask for words, a scribe or one direction at a time.

What draws me in

Choose an interest and the kind of challenge you want more of.

My interest

Advanced learning goal I want to explore

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How to work with me

Describe preferred communication and useful support without requiring a diagnosis.

How I prefer to communicate

What helps me access a hard task

Optional deeper thinking · Grades 6–8

Add examples showing how preferences vary by task and how a learning goal can remain ambitious across access changes.

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Ask, check, revise

Choose what an adult should ask and how you will update the guide if preferences change.

Please ask me...

How and when I want to review this guide

My next step

What will I try, and who can support it? Write, draw, dictate, sign or use AAC.

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Accessibility & alternative responses

K–2 learners may point to two choices with an adult scribe; AAC and nonspoken participation are equally valid.

Teacher facilitation

Use the learner's words and obtain agreement before sharing. A profile is not a diagnosis, legal plan or permanent label. Keep gifted challenge available while arranging access.

Family-use suggestion

Invite the learner to choose what to share. Try one support together, ask what helped, and change the plan with their permission. Do not turn this sheet into a test or require private information.

Specialist formats

These printouts are not Braille. Embossed Braille and specialist tactile materials need qualified, technically validated production. The accessible digital version supplies structured text, not a specialist-format substitute.